One-Day Tomales Passage Meditation Retreat

Saturday	
8:30 a.m.	Doors open for arrival and registration at the BMCM retreat house in Tomales, CA
9:30 a.m.	Morning program begins
12:00 p.m.	Meditation
12:30 p.m.	Bring your own vegetarian bag lunch
1:30 p.m.	Afternoon program begins, including visit to BMCM headquarters and Ramagiri Ashram
4:30 p.m.	Program ends at the BMCM retreat house in Tomales, CA