



Module Three: Reflect and Share

Choose one or more of these suggestions to conclude our time together in the Life Celebration.

- Reflect on this theme, the process of your study, your experiment, or on joining together in spirit with the worldwide community. How has it helped you? What did you discover?
- Share with others how you participated in Easwaran's Life Celebration – we'd love to hear from you! Tell us what you did, and what your experience was like. You can share in the [eSatsang](#), the [YA eSatsang](#), the [BMCM Facebook Page](#), or directly on the [News story](#) on our website.
- Read some comments from others, and deepen our satsang, by replying to one of them!
- Reflect on how you could integrate something you learned or experienced into the next month.